

**Job Title: Counsellor, Ashoka Centre for Well-Being**

**Reports to: Arvinder Singh, Director, Ashoka Centre for Well-Being**

**Location: Ashoka University Campus, Sonipat**

**Experience (in years): minimum 1-2 years of experience is preferable but not necessary**

**Nature of work: Full Time**

**About Ashoka University:**

10 years ago, we embarked on a journey to establish a world-class, multi-disciplinary, liberal arts and sciences university in India. Built on the finest global best practices of institution and university governance, Ashoka has truly transformed Indian higher education in India with its unique pedagogy, governance and best practices.

Ashoka is today India's #1 liberal arts and sciences university that is home to the most diverse student body, a hub for impactful research and a magnet for best-in-class faculty and staff.

Ashoka has been ranked in the top five among private Universities in India by QS Asia and has also secured top rank among all Indian Universities in the 'International Faculty' indicator. The University was earlier awarded Diamond rating by QS I.GAUGE as a recognition of its continuous focus on academic rigour, inter-disciplinary pedagogy, world-class faculty, academic research, innovative modules of engagement with the community and teaching methods.

For further information, visit [www.ashoka.edu.in](http://www.ashoka.edu.in).

We aim to co-create a nurturing space for our students, faculty, staff, donors and community positively through universal values:

- **Be Mission-Driven**
- **Think Strategically**
- **Act Authentically**
- **Take Accountability**
- **Build Collaboration**
- **Deliver Excellence**

**About Ashoka Centre for Well-Being:**

Established in 2016, the Ashoka Centre for Well-being (ACWB) is a non-aligned Centre offering counselling and psychological support for students, staff and faculty at Ashoka University. ACWB was established to provide a safe space that offers free and confidential individual and group counselling support. It is the only Centre of its kind in India with its focus on capacity building at every level of an organization.

Operating with a mindset of well-being, instead of diagnosis, ACWB focuses on preventive, clinical, and promotional aspects of mental well-being. The Centre's focus lies in promoting the value of good mental health to improve individual coping capacity through skill-building. The Centre extends its support to the wider community through awareness programs, peer support programs, social media advocacy, interactive workshops and groups sessions within and outside Ashoka. Our mission is to multiply the ACWB impact and continue our work in making mental health accessible, inclusive and equitable for all through awareness and capacity building.

As we expand, we are looking for individuals who can become a part of our growing team and take our mission forward.

**Role and Responsibilities:**

- Conduct one to one counselling sessions with Ashokans who reach out to the Centre
- Handle Centre's Helpline
- Mental Health Crisis Management
- Report writing, regular record keeping and data analysis
- Taking regular supervision
- Take part in outreach, psychoeducation and advocacy programs taken up by the Centre
- Take part in workshops and group sessions conducted by the Centre

**Eligibility:** Experience of working with Young Adults and Adults particularly within an educational institute would be preferable

**Education Qualification:** MA/MPhil in Psychology with specialization in Counselling/Clinical Psychology from a reputed Institute/University

**Competencies and Skill Sets:**

- Ability to communicate and connect with Young Adults and Adults
- Ability to work within a team
- Writing skills
- Experience of working with groups and conducting workshops
- Experience of conducting and writing research
- Some basic skills in working with MS Office
- Designing and writing Advocacy posts and write-ups

**Last Date for Application: Friday, 26<sup>th</sup> May 2023**

**Application Submission Process**

Please submit an updated CV and cover letter at Connect HR [connect.hr@ashoka.edu.in](mailto:connect.hr@ashoka.edu.in), [well.being@ashoka.edu.in](mailto:well.being@ashoka.edu.in), with the subject line – <Job Name + Department Name\_Applicant Name>. Kindly ensure that the application includes the last compensation received, expected salary, and notice period.

Only shortlisted candidates will be contacted. Candidates applying after the due date will not be considered.

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**Ashoka is an equal opportunities employer.** Remuneration will be competitive with Indian non-profit pay scales and will depend upon the candidate's experience levels and the overall organization's salary structure.